

# Hello Long-Term Care Insurance



## What Is Long-Term Care Insurance?

With the advent of a society that is undeniably aging, the number of people in Japan who need nursing care continues to rise, and families are finding it increasingly difficult to take care of aging family members on their own.

The long-term care insurance program aims to reduce any worries concerning the need for nursing care that may arise, and to create a mutually supportive society in which both those who provide nursing care and those who receive it enjoy peace of mind.

**Long-Term Care Insurance  
Helping Each Other and Widening Our Circle of Friends**

 **Kawasaki City**

# Targets of Long-Term Care Insurance

Residents 40 years of age and older with an address in Kawasaki City can enroll in long-term care insurance here (called Kawasaki City covered members).

For information on foreign resident insurance membership qualifications, please read the last page.

## Members 65 Years of Age and Older (Category 1 Members)

Kawasaki City will send a long-term care insurance membership card at the end of the month before the date the member reaches the age of 65 (the day before the member's 65th birthday).

## Members between 40 and 64 Years of Age Enrolled in Medical Health Insurance (Category 2 Members)

Long-term care insurance membership cards for Category 2 members will only be issued to those authorized for nursing care or assistance due to 16 specific diseases (such as cerebrovascular disorder) or those who request one.

<b>(一)</b> <b>介護保険被保険者証</b>		<b>(二)</b>		<b>(三)</b>	
番号	被保険者番号	認定年月日 (事業対象者の場合は、基本チェックリスト実施日)	認定の有効期間	内 容	期 間
住所	フリガナ	区分支給限度基準額	1月当たり	給付制限	開始年月日 終了年月日
氏名	性別	支給限度基準額	サービスの種類	居宅介護支援事業者若しくは介護予防支援事業者及びその事業所の名称又は地域包括支援センターの名称	開始年月日 終了年月日
生年月日		認定審査会の意見及びサービスの種類の指定	種類支給限度基準額		開始年月日 終了年月日
交付年月日				介護保険施設等の名称	入所等年月日 平成 年 月 日
保険者番号 並びに保険者 者の名称及 び印	1 4 1 3			種類	退所等年月日 平成 年 月 日
川 崎 市				名称	入所等年月日 平成 年 月 日
					退所等年月日 平成 年 月 日

**(一)** This shows your certified level of nursing care.

**(二)** This shows your certification date and the period of validity.

**(三)** This section is filled out if your benefits are limited due to delinquent premium payments or other reasons.

Please also read the notes on the back.

This shows your name and address.

This shows the maximum amount of at-home services available per month in points.

This shows the name of the provider or community comprehensive assistance center that prepares the service plan.

### Special cases for those enter long-term care facilities

Kawasaki City members who enter a long-term care facility in a different municipality and change their address will continue to be Kawasaki City members rather than of the municipality where the facility is located. (Special exception for addresses.)

## Handle Your Long-Term Care Insurance Membership Card Properly

**Note:** Please keep the following points in mind regarding your long-term care insurance membership card:

- After you receive your membership card, please make sure the information on it is correct. If there are any mistakes, please report them immediately.
- Please keep your card in a safe and convenient place so that you can show it to your service provider whenever you apply for nursing care/nursing assistance or use the card for other services.
- If any of the information written on your card changes, please bring your membership card and file a notification with the city within 14 days after the change.
- You cannot use a copy of your membership card, only the original, when applying for nursing care/nursing assistance and/or services.
- Do not lend your membership card to anyone or borrow anyone else's card.
- If a member loses eligibility because of a move out of the city or death, a notification must be filed and the membership card must be returned immediately.
- If you lose your membership card, or if it is too damaged or dirty to use, please apply for a new card.

Please direct inquiries and notifications about your long-term care insurance membership card to the Pension and Insurance Division of your local ward office.

## The Difference between Long-Term Care Insurance and Medical Health Insurance Membership Cards

### Long-Term Care Insurance Membership Card

You must submit your long-term care insurance membership card when applying for nursing care/nursing assistance. A person who is authorized for nursing care/nursing assistance must also show his or her membership card and long-term care insurance copayment certificate, to the service provider to take advantage of services based on the care plan, such as long-term care, nursing, or physical therapy services, whether at home or at an institution.

### Medical Health Insurance Membership Card (or Qualification Certification)

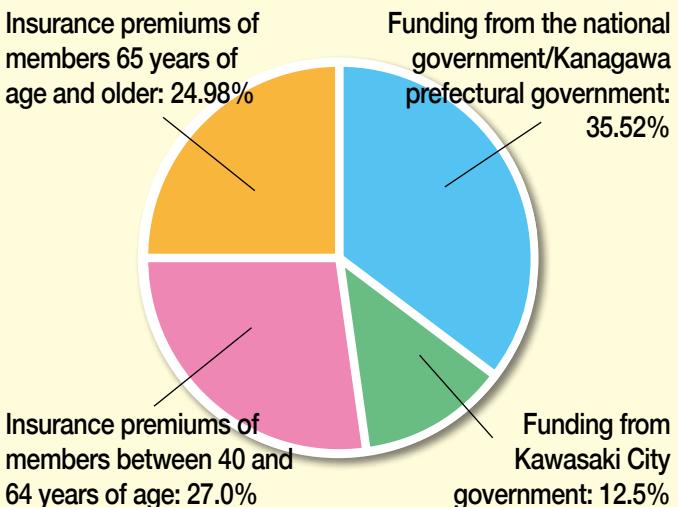
You must show your medical health insurance membership card at the service counter of the medical institution you are visiting when receiving medical services—such as an examination, treatment/therapy, or medicine—for an illness or injury.

# Long-Term Care Insurance Premiums

As a rule, long-term care insurance premiums must be paid by everyone 40 years of age or older; however, payment procedures are different for those 65 years of age or older and for those between 40 and 64 years old.

Long-term care insurance benefits are covered by insurance premiums and public funds (see the chart at right); the insurance premiums of members 65 years of age or older account for about one-fourth of all insurance benefits.

Financial Resources for Long-Term Care Insurance Benefits



## Insurance Premiums for Members 65 Years of Age and Older (Category 1 Members)

Insurance premiums for those 65 years of age and older are divided into 19 levels according to their level of municipal inhabitant tax (see pages 5 and 6).

The municipal government determines these insurance premiums every three years after reviewing its financial plans involving long-term care insurance and based on standards designated by the national government.

### 桜 How to Pay Your Long-Term Care Insurance Premiums

As a rule, the insurance premiums for members receiving a public pension are deducted from their pension (a system known as special collection). However, premiums cannot be immediately deducted from the pensions of individuals who have just reached 65 years of age or for those who have recently moved to Kawasaki City. (It takes about eight months for these deductions to begin.) During that period, you will need to pay your insurance premiums using the invoices provided or via account transfer (referred to as regular collection).

Note: Even if you had insurance premiums deducted from your pension before moving to Kawasaki City, automatic deductions will be temporarily halted on procedural grounds.

## **Reduction/Exemption of Long-Term Care Insurance Premiums**

If you are 65 or older and are having difficulty paying your long-term care insurance premiums due to a disaster, decrease of income or similar reason, you can take advantage of long-term care insurance premium reduction/exemption programs if you meet certain requirements. Please ask the staff at the Pension and Insurance Division of your local ward office for more information.

## **If You're Behind on Your Long-Term Care Insurance Premium Payments**

If you are behind in paying your long-term care insurance premium payments for no special reason, use of long-term care services will be restricted.

### **Notes:**

- \* If you do not pay your insurance premiums by the designated deadline, you will be mailed a reminder. If you fail to pay after the due date written on the reminder, an extension fee will be added based on the number of days from the deadline until the date of payment.
- \* If your payments are consistently late or in arrears, your assets (such as your savings) may be legally seized.

## **Insurance Premiums for Members between 40 and 64 Years of Age (Category 2 Members)**

Members between 40 and 64 years of age enrolled in medical health insurance pay their long-term care insurance premiums together with their medical insurance premiums. The amount of insurance premiums and the payment method vary depending on the type of medical insurance they join. **For details, please contact your health insurance association or the like.**

## How Premiums Are Determined for Members 65 Years of Age and Older

\* Due to the full amount of basic old-age pension for FY2024 exceeding ¥800,000, the income criteria for Levels 2 and 5 of the annual insurance premiums for FY2025 will change from "total of taxable pension income and total annual income is ¥800,000 or less" to "¥809,000 or less."

Compared to the standard amount, your long-term care insurance premiums are:

Eligible Members	Income Level	Annual Insurance Premiums	Estimated Monthly Amount
The person is receiving public assistance or a support benefit for Japanese war orphans left behind in China. The applicant is an old-age welfare annuity recipient, and the entire household is exempt from municipal inhabitant tax.	<b>Level 1</b>	<b>¥22,540</b>	<b>¥1,878</b>
All household members are exempt from municipal inhabitant tax, and the applicant had ¥809,000 or less in total annual income* and taxable pensions during the previous year.	<b>Level 2</b>	<b>¥22,540</b>	<b>¥1,878</b>
All household members are exempt from municipal inhabitant tax, but the applicant is other than level 1 or 2 and had ¥1,200,000 or less in total annual income* and taxable pensions during the previous year.	<b>Level 3</b>	<b>¥30,210</b>	<b>¥2,518</b>
All household members are exempt from municipal inhabitant tax, but the applicant is other than level 1, 2, or 3.	<b>Level 4</b>	<b>¥52,990</b>	<b>¥4,416</b>
The applicant is exempt from municipal inhabitant tax, but other household members pay the tax, and he/she had ¥809,000 or less in total annual income* and taxable pensions during the previous year.	<b>Level 5</b>	<b>¥71,180</b>	<b>¥5,932</b>
The applicant is exempt from municipal inhabitant tax, but other household members pay the tax, and he/she does not belong to level 5.	<b>Level 6</b>	<b>¥79,090</b>	<b>¥6,591</b>
The applicant pays municipal inhabitant tax and had less than ¥1,250,000 in total income during the previous year*.	<b>Level 7</b>	<b>¥90,960</b>	<b>¥7,580</b>
The applicant pays municipal inhabitant tax and had between ¥1,250,000 and ¥1,999,999 in total income during the previous year*.	<b>Level 8</b>	<b>¥98,870</b>	<b>¥8,239</b>
The applicant pays municipal inhabitant tax and had between ¥2,000,000 and ¥2,999,999 in total income during the previous year*.	<b>Level 9</b>	<b>¥118,640</b>	<b>¥9,887</b>
The applicant pays municipal inhabitant tax and had between ¥3,000,000 and ¥3,499,999 in total income during the previous year*.	<b>Level 10</b>	<b>¥134,460</b>	<b>¥11,205</b>
The applicant pays municipal inhabitant tax and had between ¥3,500,000 and ¥3,999,999 in total income during the previous year*.	<b>Level 11</b>	<b>¥142,370</b>	<b>¥11,864</b>
The applicant pays municipal inhabitant tax and had between ¥4,000,000 and ¥4,999,999 in total income during the previous year*.	<b>Level 12</b>	<b>¥150,280</b>	<b>¥12,523</b>
The applicant pays municipal inhabitant tax and had between ¥5,000,000 and ¥5,999,999 in total income during the previous year*.	<b>Level 13</b>	<b>¥166,100</b>	<b>¥13,842</b>
The applicant pays municipal inhabitant tax and had between ¥6,000,000 and ¥6,999,999 in total income during the previous year*.	<b>Level 14</b>	<b>¥181,920</b>	<b>¥15,160</b>
The applicant pays municipal inhabitant tax and had between ¥7,000,000 and ¥9,999,999 in total income during the previous year*.	<b>Level 15</b>	<b>¥197,740</b>	<b>¥16,478</b>
The applicant pays municipal inhabitant tax and had between ¥10,000,000 and ¥14,999,999 in total income during the previous year*.	<b>Level 16</b>	<b>¥213,560</b>	<b>¥17,797</b>
The applicant pays municipal inhabitant tax and had between ¥15,000,000 and ¥19,999,999 in total income during the previous year*.	<b>Level 17</b>	<b>¥229,380</b>	<b>¥19,115</b>
The applicant pays municipal inhabitant tax and had between ¥20,000,000 and ¥29,999,999 in total income during the previous year*.	<b>Level 18</b>	<b>¥245,200</b>	<b>¥20,433</b>
The applicant pays municipal inhabitant tax and had ¥30,000,000 or more in total income during the previous year*.	<b>Level 19</b>	<b>¥261,020</b>	<b>¥21,752</b>

Notes: 1. When determining long-term care insurance premiums, special deductions related to long-term and short-term capital gains will be subtracted from the total income amount (Local Tax Act, article 292, paragraph 1, item 13). Additionally, if the individual is exempt from taxes, miscellaneous income that relates to public pensions is also deducted, and the amount described in **☆** at right is deducted to align with the FY2021 tax reforms.  
2. The standard amount is ¥79,097. The annual premium amount for each level is calculated by multiplying the standard amount by the number listed on the right side of page 6, with any amount less than 10 yen rounded down.

☆ For residents that fall in the Level 1 to 6 range:  
(1) If you have miscellaneous income related to employment income and public pensions or the like and are eligible to use the income adjustment deduction, deduct 100,000 yen after adding the deduction to your employment income amount.  
(2) For residents who do not fall under (1) and have employment income, 100,000 yen is deducted from the amount of employment income.

**0.285** times

**0.285** times

**0.382** times

**0.67** times

**0.90** times

**Standard Amount**

**1.15** times

**1.25** times

**1.50** times

**1.70** times

**1.80** times

**1.90** times

**2.10** times

**2.30** times

**2.50** times

**2.70** times

**2.90** times

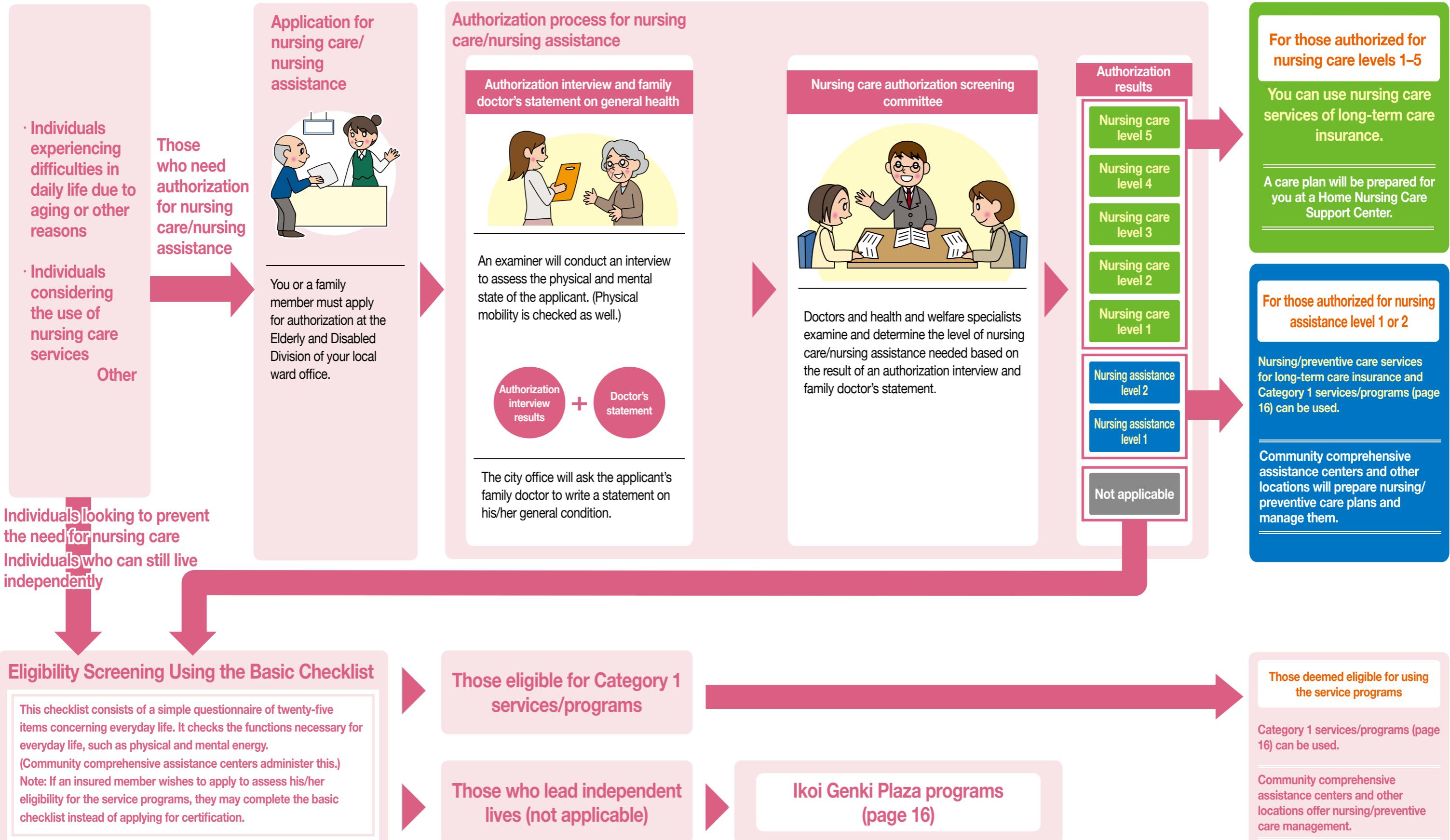
**3.10** times

**3.30** times

# Procedures for Using Long-Term Care Insurance

## Notes:

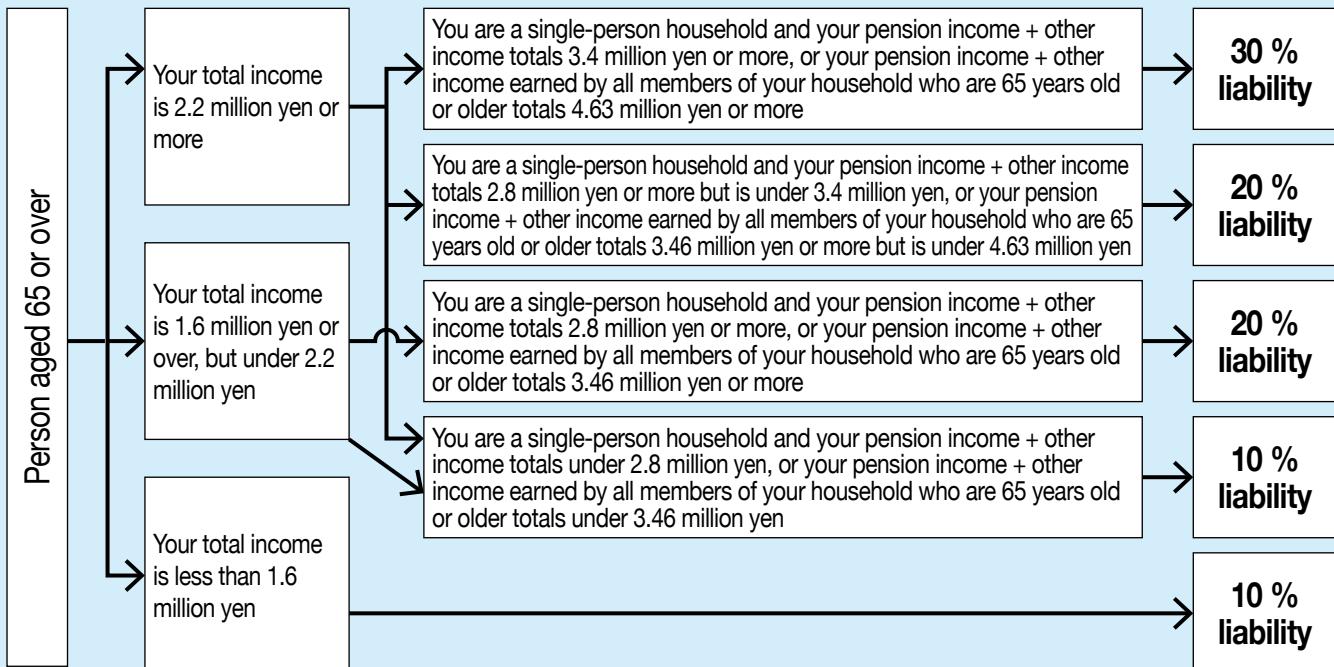
- If a person or one of the person's family members is unable to apply for certification as someone who requires care or assistance, he/she can have someone else apply on the person's behalf at the Community Comprehensive Assistance Center. The cost of the certification exam and the primary care doctor's report will be covered by the city, so there is no burden on the patient.
- Renewal: Certifications are only valid for a limited period. You can apply for renewal 60 days prior to the expiration date. Please check your insurance membership card's expiration date, since you cannot receive nursing care insurance benefits after your certification expires.
- Changing your level of nursing care needed: If your physical or mental condition changes during the insured period, you may apply for a change in certification level.



# Cost of Long-Term Care Insurance Services

- When a member uses long-term care services, he/she will pay part of the cost. The copayment amount for long-term care service is 30 percent for those having the same income level as someone that is actively employed, 20 percent for those with an income above a designated level, and 10 percent for other members.  
Note: Please note that there will be no payments from long-term care insurance for service fees not covered by the insurance.
- For people approved for nursing care, you will be issued a long-term care insurance copayment certificate that shows your copayment rate (10 to 30 percent). Users will need both their long-term care insurance membership card and their longterm care insurance copayment certificate to access services.
- Long-term care insurance copayment certificates expire on July 31. Long-term care insurance copayment certificates valid from August 1 to July 31 of the next year will be sent to those authorized for nursing care or the like in the middle of July or later.

## Flow for determining the member's burden



### Notes:

- Category 2 members (between 40 and 64 years of age), those who are exempt from municipal residents' tax, and those who receive public assistance for everyday living pay 10 percent of the cost, regardless of the above.
- "Total income" refers to the amount of income after public pension deductions, employment income deductions, and deduction of necessary expenses, but before basic deductions and personal exemptions. It is calculated using the amount after special deductions for long-term and short-term transferable income.

# Maximum Limit of Long-Term Care Insurance Services

When using home services and other services covered by long-term care insurance, a monthly limit is decided according to the nursing care level.

Notes:

- If nursing care services above the limit are used, the user must bear the portion exceeding the designated amount of benefits.
- Independent limits apply for such matters as facility services.

Level of Nursing Care Needed	Amount of Monthly Limit	Level of Nursing Care Needed	Amount of Monthly Limit
Those eligible for nursing / preventive care and daily support service programs	5,032 points (approx. ¥60,000)	Nursing care level 2	19,705 points (approx. ¥210,000)
Nursing assistance level 1		Nursing care level 3	27,048 points (approx. ¥290,000)
Nursing assistance level 2	10,531 points (approx. ¥120,000)	Nursing care level 4	30,938 points (approx. ¥330,000)
Nursing care level 1	16,765 points (approx. ¥180,000)	Nursing care level 5	36,217 points (approx. ¥390,000)

## Persons Authorized for Nursing Care Levels 1–5 (some services are also available for those authorized for Nursing Assistance Level 1 or 2)

The specific services offered under long-term care insurance differ between those approved for nursing care and those approved for nursing assistance.

### Services Available at Home

#### Home nursing care (home help service)

Nursing care levels 1-5

A home helper visits your home to provide physical care and/or assist with household chores.

Note: Those approved for nursing assistance level 1 or 2 can use Category 1 services/programs.

#### Home bathing service

Nursing care levels 1-5

Nursing asst. level 1 or 2

A vehicle equipped with a portable bath is brought to your home to provide bathing services.

#### Home nursing

Nursing care levels 1-5

Nursing asst. level 1 or 2

Under the instructions of a doctor, a registered nurse visits your home to provide treatment and nursing services.

#### Home rehabilitation

Nursing care levels 1-5

Nursing asst. level 1 or 2

A physical therapist visits your home to offer physical rehabilitation.

#### Home medical advice

Nursing care levels 1-5

Nursing asst. level 1 or 2

A doctor, dentist, or pharmacist visits your home to provide medical supervision or instruction.

#### Commuting nursing care (day service)

Nursing care levels 1-5

A daycare service facility provides nursing care services such as bathing, meal services and physical rehabilitation to maintain/improve life functions

Note: Those approved for nursing assistance level 1 or 2 can use Category 1 services/programs.

#### Commuting rehabilitation (day care)

Nursing care levels 1-5

Nursing asst. level 1 or 2

A physical therapist at an elderly nursing care health facility provides physical rehabilitation.

#### Short-term stay nursing care (short stay)

Nursing care levels 1-5

Nursing asst. level 1 or 2

Daily life nursing care and physical therapy are provided during short-term institutionalization in a special nursing home for the elderly.

#### Short-term stay medical care (short stay)

Nursing care levels 1-5

Nursing asst. level 1 or 2

Nursing care and physical therapy are provided under medical supervision during short-term institutionalization in an elderly nursing care health facility.



# Welfare Equipment and Home Renovation Services

Helping you lead an independent life

Nursing care levels 1-5

Nursing asst. level 1 or 2

## Welfare equipment rental

- ① Wheelchairs
- ② Wheelchair accessories (electric assistance devices, etc.)
- ③ Specialized beds (for nursing care)
- ④ Specialized bed accessories (side rails, etc.)
- ⑤ Bedsore prevention devices
- ⑥ Body-positioning devices
- ⑦ Tracking devices for individuals with dementia
- ⑧ Patient lifting devices (not including harness types)
- ⑨ Handrails (that do not require installation)
- ⑩ Ramps (that do not require installation)
- ⑪ Walkers
- ⑫ Walking canes
- ⑬ Automatic urine and feces disposal systems (not including replaceable parts)

As a rule, people at nursing assistance level 1 or 2, and people in nursing care level 1 may not use ① through ⑧.

As a rule, people at nursing assistance level 1 or 2, and people at nursing care levels 1 through 3 may not use ⑬.

### ● User copayment rates

The amount of the expense the user pays ranges from 10 to 30 percent.

Maximum limits (see page 9) apply.

Prices vary depending on the types and providers of the welfare equipment.

Nursing care levels 1-5

Nursing asst. level 1 or 2

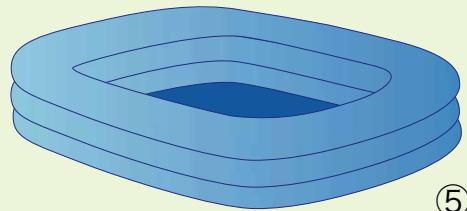
## Reimbursement on purchases of special nursing/preventive care welfare equipment

- ① Seating style toilet
- ② Replaceable parts for automatic urine and feces disposal systems
- ③ Toilet timing predictive device
- ④ Bathing aids
- ⑤ Simple bathtubs
- ⑥ Harnesses for patient lifting devices
- ⑦ Ramps (that do not require installation)
- ⑧ Walkers
- ⑨ Walking canes

### ● User copayment rates

Up to 70 to 90 percent on welfare equipment purchases can be reimbursed. The maximum reimbursement amount is ¥100,000 per fiscal year. A proxy payment program can be used.

Note: Reimbursement is possible only when the equipment is bought from an approved provider.



⑤

**Note:** Within the “welfare equipment rental” and “reimbursement on purchases of special nursing/preventive care welfare equipment” services, you can choose rental or purchase for ramps, walkers and walking canes according to the anticipated period of use to lower your copayment.

# Reimbursement for home renovation for nursing care purposes

Note: You must apply before renovations are made.

Nursing care levels 1-5

Nursing asst. level 1 or 2

- ① Handrail installation
- ② Removal of uneven surfaces
- ③ Material change for floors or corridors for slip prevention and smoother transportation
- ④ Conversion of doors to sliding doors.
- ⑤ Conversion of toilets to Western-style toilets.
- ⑥ Home renovations required for ① through ⑤ above

## ● User copayment rates

From 70 to 90 percent of house renovation fees can be reimbursed.

The maximum limit, however, is ¥200,000 per year.

A proxy payment program can also be used.



## What is a proxy payment program?

Before you can be reimbursed for special nursing/preventive care welfare equipment or home remodeling, you must pay the entire cost. You will then have to apply to receive the insurance benefit reimbursement (70 to 90 percent of the cost). However, if you use a proxy payment program, you only need to pay 10 to 30 percent of the total cost at the beginning.

## About the use of the long-term care insurance service for traffic and other accidents (caused by the actions of third parties)

If you will be using long-term care services due to a traffic accident or mishap caused by a third party, you are required to submit a notification to the long-term care certification and benefits service counter of the Elderly and Disabled Division of your local ward office.

## < Beware of scams! >

The number of scams (such as bank transfer scams) reported in the city has been increasing.

- Consider all phone calls that refer to “cash cards” as a scam.
- Use the answering machine on your home phone and do not answer suspicious calls directly.



## Community-based services

Services are offered to assist individuals in living their lives as independently as possible in their own communities. As a rule, only insured members living in Kawasaki City can use these services.

### Periodic rotational/continual home nursing

Nursing care levels 1-5

Services are provided through regular rounds conducted both day and night, as well as through occasional visits as necessary. Nursing care and medical care are coordinated to provide bathing services and toilet assistance by home-helpers, and medical treatment and assistance in medical examination by nurses.

### Nighttime home nursing care

Nursing care levels 1-5

Home nursing care services are provided regularly at night, as well as on an on-call basis in case of emergency through a special notification system.

### Community-based commuting nursing care

Nursing care levels 1-5

Nursing care services such as bathing, meal services and physical rehabilitation are provided at a daycare service center with a capacity of 18 people or fewer.

### Commuting nursing care at facilities for members with dementia

Nursing care levels 1-5

Nursing asst. level 1 or 2

Nursing care services such as bathing, meal services and physical rehabilitation are provided at a daycare service center for elderly members with relatively stable symptoms of dementia.

### Small-scale multifunctional home nursing care

Nursing care levels 1-5

Nursing asst. level 1 or 2

Users mainly visit the facility to receive services. Depending on the situation, they may stay at the facility overnight, or staff may visit them at home.

### Nursing care/small-scale multifunctional home nursing care services

Nursing care levels 1-5

Visiting nursing services and small-scale multifunctional home nursing care are combined to provide flexible treatment for users with acute medical needs, according to their specific needs.

### Communal nursing care for persons with dementia

Nursing care levels 1-5

Nursing asst. level 2

Nursing care services such as bathing, meal services and physical rehabilitation are provided for persons who have dementia but are in comparatively stable condition and living together in small groups.

### Nursing care at community-based elderly welfare nursing facilities

Nursing care levels 3-5

Nursing care services such as bathing, meal services physical rehabilitation and assistance for everyday life are provided at a small-scale special home for the elderly with a capacity of 29 people or fewer for those who need constant nursing care and have difficulties with activities in their everyday lives.

Note: Those with nursing care level 1 and 2 may use this service if there are compelling reasons that make it difficult for them to lead their daily lives at home.



# Institutionalization Services at Facilities

Institutionalization services at facilities are divided into three types depending on the kind of nursing care services required. Choose a facility that you would like to be admitted to and sign a contract by applying directly to the facility. In addition to facility fees, you must pay for such things as food expenses, living expenses, grooming expenses, and expenses for daily necessities.

## Welfare nursing homes (special homes for the elderly)

Nursing care levels 3-5

This is a facility for people who require constant nursing care. Physical rehabilitation and health management are provided in addition to everyday nursing services, such as giving baths and preparing meals.



Note: People at nursing care level 1 or 2 can use this service if for unavoidable circumstances they find themselves facing difficulties in their everyday lives at home.

## Health facilities for the elderly

Nursing care levels 1-5

This facility is for people whose condition has stabilized after acute medical treatment and want to focus on rehabilitation with the goal of returning to their homes. Nursing services, nursing care under the supervision of medical staff, physical rehabilitation, and other necessary treatment are provided.

## Nursing medical center

Nursing care levels 1-5

This is a facility for people who require an extended recuperation period. Recuperation management, nursing services, nursing care under the supervision of medical staff, physical rehabilitation, and other necessary treatment are provided. This facility also provides end-of-life nursing care and terminal care.

## Nursing care for persons admitted to special facilities (Nursing homes with paid nursing care services, care houses, nursing homes for the elderly, etc.)

### Other facilities where long-term care insurance can be used.

Depending on circumstances, people at nursing assistance level 1 or 2 can utilize the facilities.

Details and expenses differ depending on the facility, so please confirm with each facility.

You must take certain measures when being admitted to a nursing home for the elderly, so please consult with the elderly support counter of the Elderly and Disabled Division of your local ward office.



# Service Fee Reduction Programs

## High-Cost Nursing Care (Nursing/Preventive Care) Service Benefit

If the total copayment for services for one month exceeds the designated limit, a high-cost nursing care (nursing/preventive care) service benefit is provided upon application.

Notifications regarding applications will be sent to all eligible people.

Note: The copayment for purchase of welfare equipment or remodeling expenses for nursing/preventive care are not covered.

## High-Cost Medical and Nursing Care (Nursing/Preventive Care) Service Benefit

If the total copayment amount under your health insurance and long-term care insurance exceeds the designated annual limit, you can apply for high-cost medical and nursing care (nursing/preventive care) service benefits.

Notifications regarding applications will be sent to all eligible people.

Apply at the service window of the health insurance plan you are enrolled in as of July 31 of every year.

## Nursing Care Service Benefit for Specified Persons Admitted to Facilities

The upper limit on copayments is set to avoid placing a heavy financial burden on service users whose income and assets are below the designated level. Upon application, the cost for living and meals for those who use facility services is reduced according to their income level.

## Overview of the Payment Reduction System on Social Welfare Corporation Costs

Individuals whose income and assets fall below a certain level, and who wish to use services offered by social welfare corporations, are eligible for reduced service, housing, and meal costs by applying for these reductions.

## System to reduce user's burden of communal nursing care for persons with dementia

If a person's income or assets is below a certain level and he/she uses a communal nursing care for persons with dementia (group home) and meets the requirements, he/she or a proxy can apply to have the fees you pay for rent, food and utilities reduced.

## Other Copayment Reduction Programs

- For individuals whose income and assets are below a certain specified level, and who wish to use the services, Kawasaki City has its own system for reducing service costs as well as housing and food costs. Such individuals are free to apply for this system.
- There are fee reduction programs for services other than those mentioned above. For details, please inquire at the long-term care certification and benefits service counter of the Elderly and Disabled Division of your local ward office.

# Services for Those Approved for Level 1 or Level 2 Nursing Assistance, Other Eligible People, and Noneligible People

## ● **Ikoi Genki Plaza (Recreation and Revitalizing Plaza) Programs (general preventive care programs)**

Strength-enhancement exercises by specialized trainers designed to help prevent falls as well as brief lectures on nursing/preventive care and health maintenance are provided once a week at each Ikoi-no-ile (Home of Recreation) facility, Elderly Welfare Center and other facilities. This six-month program is provided to Kawasaki City residents 65 years of age and older who are in Kawasaki City's basic resident register.

Note: Members prohibited by their doctors from exercising and those approved for nursing care (levels 1 through 5) are not eligible for this program.

As part of general preventive care programs, the city also offers health lectures and seminars on preventive care, as well as training programs to cultivate volunteers who can support preventive care activities.

## ● **Category 1 Services/Programs**

### Eligibility

- People at nursing assistance level 1 or 2
- People aged 65 and older who are eligible for the service programs

People for whom Category 1 services/programs have been deemed necessary based on the results of the basic checklist conducted by the Community Comprehensive Assistance Center.

Note: Category 2 members (people aged 40 to 64) must receive approval for nursing assistance level 1 or 2, since they are not eligible for the service programs.

### Services

#### ● **Short-Term Intensive Service (Free)**

##### **Anshin Life Support (Approximately six months)**

Anshin Life Support workers visit the homes of individuals who often stay indoors, listen to their stories, and help them realize their goals, such as starting a new hobby or traveling somewhere.

##### **Kenko Up Health Program (approximately three months)**

Rehabilitation professionals visit the homes of those experiencing difficulty with daily living activities, and propose ways to improve daily life (rehabilitation services will not be provided).

#### ● **Preventive care services**

(Fees are required and assessed according to the individual's long-term care insurance copayment rate.)

##### **Visiting preventive care services**

A home helper or other staff member from a nursing care service provider visits to help the user with everyday chores.

##### **Commuting preventive care services (half-day service)**

At day service centers, assistance for taking baths, eating meals, and calisthenics and muscle training for the maintenance and improvement of life functions are provided.

## What Is a Community Comprehensive Assistance Center?

This is a local consultation center for the elderly, where public health nurses, care managers, social workers, and other professionals offer consultation services on nursing care, welfare, health, medical concerns, and other topics, so that older residents can lead self-sustaining lives in their own community. (Each center is in charge of a designated local community.)

### Main Services

#### Comprehensive Consultation and Assistance, Human Rights Programs

General consultation services including long-term care insurance are available, such as various support programs for abuse prevention and other human rights issues.

#### Nursing/Preventive Care Management

Care plans are created to ensure that services are provided properly, and the member's condition is evaluated as needed after services are provided.

#### Comprehensive and Continuous Management Support

Logistical support of care management is offered to enable the elderly to lead healthy lives in their own community.

### Community Comprehensive Assistance Centers

(Area code: 044)

Ward	Name	Telephone No.	Fax No.
Kawasaki-ku	Oju-En	287-2558	287-2577
	Koshun-En	211-6313	223-1240
	Daishi-no-Sato	266-9130	266-9131
	Shion	222-7792	222-7796
	Kyomachi	333-7920	333-7938
	Daishi Chuo	270-5112	287-5562
	Viola Kawasaki	329-1680	322-2553
	Oshima Nakajima	201-8831	201-8834
	Fujisaki	270-3215	270-5682
Saiwai-ku	Kofuen	556-4355	511-3511
	Yumemigasaki	580-4765	742-8040
	Kashimada	540-3222	540-3220
	Shangri-La	520-3863	520-3861
	Minna-to-Kurasu Machi	520-1905	520-1906
	Saiwai Higashi	555-1411	555-1412
Nakahara-ku	Sumiyoshi	455-0980	455-0883
	Kodanaka	798-2332	755-5656
	Hirama-no-Sato	544-4012	544-3961
	Miyauchi	740-2814	740-2816
	Ida	751-6661	751-6385
	Todoroki	281-3666	281-3616

Ward	Name	Telephone No.	Fax No.
Takatsu-ku	Waraku	799-7951	799-7952
	Suenaga	861-5320	861-6194
	Hidamari-no-Sono	814-5637	814-5636
	Mizonokuchi	820-1133	822-0500
	Hisasue	797-6531	797-6540
	Ki-no-Oka	820-8401	820-8402
	Re-Care Mukaigaoka	865-6238	865-6239
Miyamae-ku	Mikado-So	777-5716	777-1193
	Washigamine	978-2724	976-6470
	Fujimi Plaza	740-2883	777-3239
	Restore Kawasaki	976-9590	976-9591
	Friend Shiboku	871-1180	877-2800
	Miyamaedaira	872-7144	852-3377
	Viola Miyazaki	948-5371	948-5372
Tama-ku	Nagasawa	935-0086	935-0093
	Tamagawa-no-Sato	935-5531	935-3511
	Taiyo-no-Sono	959-1234	959-1233
	Suge-no-Sato	946-5514	946-3432
	Shukugawara	930-5151	930-5911
	Yomiuri Land Hana House	969-3116	969-3160
	Noborito	933-7055	933-7077
Asao-ku	Kakio Aruna-En	989-5403	988-9774
	Kurikidai	987-6505	380-7970
	Niji-no-Sato	986-4088	986-1027
	Katahira	986-4986	986-4987
	Yurigaoka	959-6522	712-0202
	Shinyuri	969-3388	969-0200
	Takaishi	959-6020	959-6021

Note: Please inquire at the long-term care insurance service counter of the Elderly and Disabled Division of your local ward office for information about the Community Comprehensive Assistance Center responsible for your community.

## ● For Further Information

(Area code: 044)

Subject of Inquiry; Ward of Your Residency	Long-Term Care Insurance Premiums	Long-Term Care Authorization	Long-Term Care Services/Benefits	Other Services Not Covered by Long- Term Care Insurance (Elderly Support)	Fax No.
<b>Kawasaki-ku</b>	Kawasaki City Insurance Call Center 200-0783  Hours: Weekdays, 8:30 a.m. to 5:15 p.m.; second and fourth Saturdays, 8:30 a.m. to 12:30 p.m.	<b>201-3282</b>	<b>201-3282</b>	<b>201-3080</b>	<b>201-3301</b>
<b>Saiwai-ku</b>		<b>556-6655</b>	<b>556-6689</b>	<b>556-6619</b>	<b>555-3192</b>
<b>Nakahara-ku</b>		<b>744-3179</b>	<b>744-3136</b>	<b>744-3217</b>	<b>744-3345</b>
<b>Takatsu-ku</b>		<b>861-3263</b>	<b>861-3269</b>	<b>861-3255</b>	<b>861-3249</b>
<b>Miyamae-ku</b>		<b>856-3245</b>	<b>856-3238</b>	<b>856-3242</b>	<b>856-3163</b>
<b>Tama-ku</b>		<b>935-3185</b>	<b>935-3187</b>	<b>935-3266</b>	<b>935-3396</b>
<b>Asao-ku</b>		<b>965-5198</b>	<b>965-5146</b>	<b>965-5148</b>	<b>965-5206</b>

Kawasaki City Comprehensive Program	Concerning Category 1 Services/Programs (Comprehensive Program)		
<b>Navi-Dial</b>	<b>0570-040-114</b> Weekdays, 8:30 a.m. to 5:15 p.m.		

Aging Society Policy Department, Health and Welfare Bureau	Concerning Premiums	Concerning Authorization	Concerning Benefits
<b>Long-Term Care Insurance Section</b>	<b>200-2691</b>	<b>200-2455</b>	<b>200-2687</b>

Health and Welfare Bureau	Concerning community comprehensive assistance centers	Concerning dementia and the protection of rights
<b>Community Care Promotion Office</b>	<b>200-2681</b>	<b>200-2470</b>

Public Health Center, Health and Welfare Bureau	Concerning Ikoi Genki Plaza (Recreation and Revitalizing Plaza) programs
<b>Health Promotion Section</b>	<b>200-2411</b>

- “Hello Long-Term Care Insurance” (Japanese, English, Chinese, Korean, Portuguese, Spanish, Filipino)



Kawasaki City website: <https://www.city.kawasaki.jp/350/page/0000049639.html>

- You can view information about long-term care insurance business operators online.

Long-term care service information publication: <https://www.kaigokensaku.mhlw.go.jp/>



- Information on Kawasaki City daily support services is available online.

Publicized Information on Kawasaki City Daily Support Services  
<https://kana.rakuraku.or.jp/kawasaki>



Issued: July 2025

Long-Term Care Insurance Section, Aging Society Policy Department,  
Health and Welfare Bureau, Kawasaki City

## Foreign Resident Insurance Membership Qualifications

Foreign residents 65 years of age or older who are registered residents of Kawasaki City are also enrolled in the Kawasaki City Long-Term Care Insurance. However, those who have a visa status of residence for “designated activities” and for whom the either (a) or (b) below applies are not eligible for this insurance:

- (a) Anyone who has entered Japan or is living in Japan for the purpose of receiving medical treatment or for the purpose of assisting the daily life of a person who receives such medical treatment.
- (b) Anyone who has wealth (such as assets) that meets certain designated requirements, and who will be staying in Japan for less than one year for the purpose of sightseeing.

If you have a “designated activities” visa and have moved into Kawasaki City, you must come to the Pension and Insurance Division of your local ward office or the Insurance and Annuity service counter at a branch office kumin center with the following documents:

- Your residence card
- The designated document issued to you at the Immigration Services Agency of Japan (attached to your passport)