

We want to protect women's health ! Let's talk about it together !
Let's try it !

~About food, supplements, lifestyle and acupressure points~



We go to the hospital when we're sick, but when we're not sick, it's hard to think about our health. Women, especially, are so busy !
This time, we will listen to experts and hold a discussion to protect women's health.
Please invite your friends to join us. Men are also welcome to come.

Our Guest Advisors

- ★ About nutrition: Staff from Kawasaki Ward Office
- ★ About supplements Chihito Takeda, nurse
- ★ About acupressure points Junichi Tani, acupuncturist

In addition, there will be talks about health methods from the Hiroba staff's home countries and "gender equality in everyday life."

Date : Saturday, August 16, 2025 from 14:00 to 16:00

Location: Kawasaki Multicultural Plaza Community Space

(City Hall South Building 2nd Floor : Kawasaki-ku Higashida-cho 5-4)

Organized by : Tabunka Community Hiroba (Kawasaki Ward Office)

Registration / Inquiries: Please use the form on the right.



Application/Inquiry Form

*To help with preparation, we would appreciate it if you could register in advance.

* Walk-in participation is also welcome.